Smoked Red Pepper Sauce

This beautiful red smoky sauce is paired with Bobby Flay's Sixteen-Spice Chicken in the Mesa Grill Cookbook. You could use it to go with many different dishes including the Crab Cakes I tried them with. It is one of the workhorses of the Mesa Grill kitchen. Make up a batch and keep it in your refrigerator or freezer to go with your entrees.

4 red bell peppers, roasted, peeled and 1 1

seeded

½ cup small red onion, coarsely chopped4 cloves roasted garlic, peeled (or raw)

1/4 cup red wine vinegar

1 Tablespoon honey

1 Tablespoon dijon mustard

1 Tablespoon chipotle chile puree1 pinch salt & pepper to taste

½ cup canola oil

Combine red peppers, onion, garlic, vinegar, honey, mustard and chipotle puree in a food processor or blender. Process until smooth, With the motor running, slowly add the oil and blend until emulsified. This sauce can be made 1 day in advance and refrigerated.

Servings: 12 Yield: 2 ½ cups

Preparation Time: 5 minutes Total Time: 5 minutes

Nutrition Facts

Nutrition (per serving): 98 calories, 81 calories from fat, 9.2g total fat, 0mg cholesterol, 41.2mg sodium, 56.1mg potassium, 4g carbohydrates, <1g fiber, 1.4g sugar, <1g protein.

Source

Author: Bobby Flay

Source: Mesa Grill Cookbook

